



Personal WHY- HOW- WHAT WORKSHEET

START

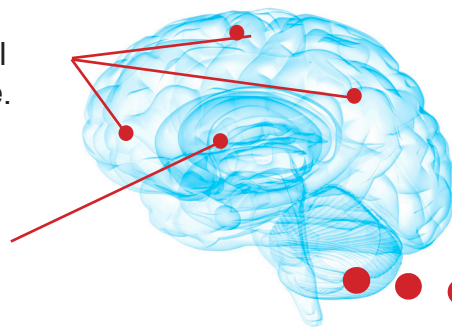
THE 9 WHYS

- 1 _____: To contribute to a greater cause, make a difference, add value or have an impact
- 2 _____: To create relationships based on trust
- 3 _____: To make sense out of things, especially if complex or complicated
- 4 _____: To find a better way and share it
- 5 _____: To do things the right way in order to get results
- 6 _____: To think differently and challenge the status quo
- 7 _____: To seek mastery and understanding
- 8 _____: To make crystal clear and understandable.
- 9 _____: To decrease complexity.

BRAIN BIOLOGY

_____: Rational and Analytical thought and Language.

_____: Feelings like loyalty and trust. Decision making. No language.



Your Personal WHY- HOW- WHAT:

My WHY is to:

HOW I do that:

WHAT I bring is:

RANK YOUR WHY

Contribute	<input type="text"/>	Challenge	<input type="text"/>
Trust	<input type="text"/>	Mastery	<input type="text"/>
Make Sense	<input type="text"/>	Clarify	<input type="text"/>
Better Way	<input type="text"/>	Simplify	<input type="text"/>
Right Way	<input type="text"/>		

Your WHY

Your HOW

Your WHAT



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WHY MATRIX

	FIRST	LAST	WHY	HOW	WHAT
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

WHY DIRECTORY

WHY	NAME
Contribute	
Trust	
Make Sense	
Better Way	
Challenge	
Mastery	
Clarify	
Simplify	
Right Way	

APPLY YOUR WHY HOW WHAT

How will you apply your WHY HOW WHAT in your personal life?

- 1.
- 2.
- 3.

How will you apply your WHY HOW WHAT at work?

- 1.
- 2.
- 3.
- 4.
- 5.



CHECK OUT OUR PODCAST! **BEYOND YOUR WHY**